## **MEDIA RELEASE**



## FOR IMMEDIATE RELEASE:

May 6, 2019

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## Erie County events to honor National Children's Mental Health Awareness Day

Erie, PA – Erie County will join more than 1,100 communities across the nation in celebrating National Children's Mental Health Awareness Day with events on Friday, May 10.

The National Children's Mental Health Awareness day activities are meant to shine a spotlight on the importance of mental health in a child's healthy development. This year's theme is "Total Body Wellness: The Power of the Mind-Body Connection." Two events will be held in Erie on May 10:

- The morning event, sponsored by System of Care Erie and Community Care Behavioral Health, will be from 9 a.m. to 11:30 a.m. at Gannon University's Yehl Ballroom. The morning event will feature speakers Dr. Lorelei Rowe, from Allegheny Health Network; Debbie DeAngelo, from Health on Heels; and Derick Fiedler, a youth mental health advocate. Youth art contest winners will also display their work.
- The afternoon event, organized by the Youth Impact Committee and Erie County's Family Caregiver Alliance, will feature an awareness walk from 5:30 p.m. to 7:30 p.m., starting in Perry Square and ending at First Presbyterian Church, 250 W. Seventh St. Refreshments, raffles, vendors and children's activities will follow at the church.

System of Care Erie, funded through the Substance Abuse and Mental Health Services Administration and the Erie County Department of Human Services, works with youth and families at the county level to integrate child-servings systems including child welfare, mental health, drug and alcohol, juvenile justice and education.

For more information about National Children's Mental Health Awareness Day or the events May 10, please contact Nicole Wells at 814-460-2115 or <a href="mailto:nicolewells@achievementctr.org">nicolewells@achievementctr.org</a>, or visit <a href="mailto:www.systemofcareerie.org">www.systemofcareerie.org</a>.

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